





Red Flag - Alaska takes flight - Page 3



Band of the Pacific plans busy summer schedule

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Eagles beat Icemen for best in Alaska title

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Access codes for the flightline gates will change Monday, see the Elmendorf Sharepoint site for more info

# Yom Hashoah: a day of remembrance

Col. Michael J. Underkofler 908th Airlift Wing commander

For one week each spring, we, as a nation, formally remember all those who perished more than 60 years ago in the Holocaust.

This annual commemoration was established by Congress in 1979 and is known as the Days of Remembrance. The observance falls each year around Yom Hashoah, the 27th day of the month of Nisan in the Jewish calendar.

In Hebrew, Yom Hashoah literally means the Day of (remembrance of) the Holocaust.

The Holocaust, or Shoah, was the systematic extermination of 6 million Jews, approximately twothirds of the pre-war European

Jewish population. Killed along with the Jews were 5 million others who included political dissidents, the Roma (gypsies), handicapped and others deemed less desirable by the Nazis.

This year Yom Hashoah was Tuesday and the Days of Remembrance are observed from April 23

In Israel, since the early 1960s, sirens sound at 11 a.m. on Yom Hashoah to signal two minutes of silent devotion.

Throughout the world many Jews will observe this day in synagogues or in the broader Jewish community.

But Yom Hashoah and the weeklong Days of Remembrance are not observances only for Jews.

All humanity suffered because of the Holocaust, and consequently all humanity ought to pause and remember those who died.

It is also fitting during the Days of Remembrance that we honor those who fought against the Holocaust, those who liberated the camps, those who documented what had happened and those who continue today to tell the story.

Starting first as harassment, name-calling and false blame, the hatred against the Jews and others ultimately grew into an accepted practice of annihilation. Families had their possessions confiscated, were forced to live in ghettos and finally were transported to labor camps where most were abused, then killed, in short order.

In early 1945, the Allies were able to push through Europe to the heart of the Nazi-held stronghold. American Soldiers were soon wit-

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and unchallenged."

-Col. Michael J. Underkofler

908th Airlift Wing commander

nesses and liberators at the gates of the wretched death camps. They were not prepared for, nor were they able to comprehend, the magnitude of the evil that took place.

The camps were horrific

cesspools, where the dignity of human life was lost.

Historians would later agree that if the war had lasted much longer, most European Jews would have been exterminated.

The Americans who liberated the camps were deeply affected by what they saw. Tough-as-nails Generals George S. Patton and Dwight D. Eisenhower were so visibly shaken at the camps, that they became ill.

General Eisenhower said in a letter in April 1945: "I made the visit deliberately, in order to be in a position to give first-hand evidence of these things if ever, in the future, there develops a tendency to charge

these allegations merely to 'propaganda'."

The American liberators instinctively knew what to do. They took the time to bury and honor the dead, and carefully nurse to health the gaunt living who remained.

Remembering the Holocaust is important to Americans, especially those serving in the armed forces, for several reasons.

It was the American military that liberated many of the death camps, then exposed and documented what had taken place. America also welcomed many of those who survived and provided them opportunities and freedoms found nowhere else.

By annually and accurately telling the story of the Holocaust and honoring those who died, we help ensure future generations know what can happen if hatred, bigotry and indifference are left unchecked and unchallenged.

Finally, listening to the stories of survivors and liberators helps reaffirm what's best in our national culture. It serves as a touchstone for counting our blessings, enduring our hardships and remembering the ultimate sacrifices of others and the role we as military members play in guaranteeing the dignity and selfworth of all humanity.

Sirens may not go off in America this year on Yom Hashoah to remember those who died. But communities across this great land will still pause with their own ceremonies to honor them and to listen to first-person accounts from survivors and liberators.

If you're unable to attend a somber observance, take some personal time to reflect and remember. Read a book or see a movie about the Holocaust to sharpen your knowledge of this horrific time in world history.

Think about how you can help to eliminate hatred, bigotry and indifference, especially in the society we protect and serve.



**Airman 1st Class Curtis** Claude, 3rd Communications Squadron, distinguished himself by responding to a presidential communications outage. He isolated the problem with Andrews Air Force Base, Md., technicians and was vital to restoring the system. Immediately following that incident, Airman Claude responded to a command and control communications system outage where he quickly isolated the problem and led joint work center troubleshooting efforts. As a result of his performance, vital C2 communications were restored.

Tech. Sgt. Jennifer Schmeisser, 12th Fighter Squadron, was instrumental to the success of the 12th Fighter Squadron's commander support staff during the Unit Compliance Inspection. Her restructure of the CSS e-mail and computer support program eradicated missed flight suspense and eliminated squadron network issues. Working long hours and weekends, she corrected more than 150 personal information file errors garnering a CSS program "strength" and directly contributing to the 12th FS overall UCI

#### Studded tires

If you haven't changed out your studded tires, now is the time to do it. According to Alaska Statute 10.35.155, it is unlawful to operate a motor vehicle with studded tires or tires with chains attached on a paved highway or road from May 1 to September 15. Violations may lead to a substantial fine. For more information, contact the Legal Office at 552-3048.





3rd Wing commander

Do you have a problem you can't seem to get solved? Would you like to recognize someone for a job well done?

The commander's action line is your avenue to communicate your questions, comments and concerns directly to the commander, Brig. Gen. Hawk Carlisle. Your calls will get the commander's personal attention and be answered in a timely manner.

If you have a question, call or e-mail the action line at:

#### 552-2224 Brig. Gen. Hawk Carlisle actionline@elmendorf.af.mil

The following commanders stand ready to help you and can answer the majority of your questions. If they can't help, then please call the Action Line.

#### Key phone numbers:

Col. Mike Hass, 3rd CES/CC 552-3007 Lt. Col. David Aupperle, 3rd SVS/CC 552-2468 Lt. Col. Robert Garza, 3rd SFS/CC 552-4304

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For more information, call the Sourdough Sentinel office at

552-2493 or 552-8941, e-mail: *sourdough.sentinel@elmendorf. af.mil*, fax us at 552-5111, or write to us at: 3rd WG/PA, 10480 22nd St. Ste. 119

Elmendorf AFB, AK 99506

## 3rd Wing Moment in History **April 27, 1928:**

The 3rd Attack Group deployed 21 Curtis A-3B Falcon ground attack aircraft and six Douglas C-1 Transports from Fort Crockett, Texas, to Langley Field, Va., to participate in maneu-



April 28, 2006 Sourdough Sentinel

# Red Flag Alaska - Bombs on target

**Tech. Sgt. Jeffrey S. Walston** Red Flag – Alaska 06-2 Public Affairs

Surface-to-air "threats" are heavy and "near misses" likely at Red Flag – Alaska 06-2, as aircrew try to slip past simulated, enemy ground fire at the exercise that began at Eielson Air Force Base, Alaska, Monday.

The challenge helps prepare to deploy the participants from approximately 20 different U.S. Air Force active-duty, Reserve and National Guard units who are at Eielson and at Elmendorf to practice their warfighting skills on the Pacific-Alaska Range Complex.

In the exercise scenarios "friendly" air forces fight past "hostile" forces to attack pre-designated targets, only to be "locked on" by simulated surface-to-air missiles. These ground threats are

controlled by the civilian employees of Arctic Slope World Services.

In the "Computer Room" at Eielson's Red Flag-Alaska headquarters, ASWS employees use radar strategically positioned throughout the bomb range and Global Positioning System software to track and watch the aircraft.

Cameras are strapped to radars all over the range, sometimes as much as four miles from the target.

"Hopefully we can get a radar lock on the plane and the camera will follow it. If not, we do it manually," said Carl Thompson, lead technician of video systems, ASWS. "We have nine people working here capable of providing any number of threat scenarios all for the purpose of training the pilots."

The road to a target is never a clear one with the arsenal of

> threats available to technicians to throw at pilots from the Unmanned Threat Emitters shop.

With more than 29 manned and un-manned threats at their fingertips, technicians create a hostile environment using joysticks and computers.

They ensure pilots receive both aggressive and defensive

simulated combat experiences at a pressure-building pace, whether they're bombing a target, evading missiles and ground fire or supporting ground troops.

"It's all electronically simulated. The pilots can tell what's coming at them by the different sounds in their headsets and the signals in their cockpit displays," said Buck Buchanan, UMTE technician. ASWS.

"The bottom line is we train pilots by throwing missiles at them. If the plane has Air Combat Maneuvering Instrumentation pods, then the tracking is all electronic, if not, we watch them do their evasive maneuvers on camera."

If the pilot is successful and reaches the target, the aircrew's attack can be graded.

The same men and women "attacking" the aircraft now use their technology to enhance aircrew debriefings by measuring and recording aircrew effectiveness in hitting

"Planes drop dummy munitions with a smoke charge, a camera records it and I can see it in real time on my computer screen. I put the cursor on it and the computer tells me how close it is to the target. Hitting within five meters [of the target] is considered a hit," said Thompson.

It takes advanced monitoring equipment such as the Threat Video Recording System, TV Ordnance Scoring System, Tracking Instrumentations Sub-System and Weapons Impact Scoring System to capture the dogfights and bombings on tape.

"When you're talking about the good guys from the bad guy's perspective, we're the ones who know how well the good guys did," said Thompson. "On the tactical ranges [pilots] fight past our SAMS sites, find specific targets, put a bomb on it and fight their way out. Then we get to score it."

Once they've dropped their ordnance, pilots must still make it back past the enemy threats to home base without getting "shot down".

"When fighters are engaged in a dog fight the entire operation can be recorded in real time by the Air Combat Maneuvering Instrumentation section," said Monty Harding, lead technician, ASWS. "Everything feeds into our server, the Control and Computation Subsystems."

"We gather information from 14 different computers in this one little area. That's the amount of technology that's come together to make this work," said Buchanan.

"Afterwards we compile a 3-5 minute tape for the pilot's debriefing," Thompson said.

When all is said and done, pilots and navigators alike get to review and learn from their performances. Coming here to learn those lessons saves them from learning them in a real combat environment and sharpens their skills so they can live to fight another

(Capt. Aaron Wiley, Red Flag - Alaska Public Affairs, contrib*uted to this story.)* 



An E-3 Sentry from the 962nd Airborne Air Control Squadron takes off from Elmendorf to guide the units participating in Red Flag - Alaska. Members of the 962nd AACS, 19th Fighter Squadron and 90th Fighter Squadron are participating in the exercise formerly know as Cope Thunder.

## Takin' out the garbage

Right: Trace Rhames, son of Tech. Sgt. Carl Rhames, 3rd Aircraft Maintenance Squadron, help clean up Paxson Park April 21. Members of the Cub Scouts Pack 110 Den 1 (Wolfs) picked up trash as part of the Leave No Trace conservation program.

Below: Cody Maglio, son of Tech. Sgt. Samuel Maglio, 3rd Maintenance Operations Squadron, and Nicholas Spalinger, son of Tech. Sgt. Brian Spalinger, 3rd Logistics Readiness Squadron, prepare to take a water break during the cleanup. The cleanup was the first of several activities to clean up the base and local area for the summer.





PHOTOS BY AIRMAN 1ST CLASS DE-JUAN HALEY

## **Electronics** recycling



Green Star is having its annual electronics recycling event at the former FedEx Warehouse at the Southwest corner of Jewel Lake and International Airport Road. The business drop-off day is 10 a.m.-4 p.m. today and costs 30 cents per pound. The drop-off day for households is 10 a.m. to 4 p.m. Saturday and costs \$10 per carload, including up to three monitors or TVs. Additional monitors or TVs cost \$5.



# Drinking excessively could put health, career in danger

Drinking alcohol excessively could not only put your career in jeopardy, but also your health.

For example, did you know...

- that you can die from drinking too much?
- or that a certain blood alcohol level can put you in a coma?
- or that binge drinking is common but deadly?
- or that substance abuse has a negative impact on both you and the mission?

Einstein once said, "The difference between genius and stupidity is that genius knows its limits."

Remember that the next time you go drinking.

Before going out to drink have a good plan and always have a wing-

Have a good understanding of what constitutes "a drink." One drink can be defined as one 12-ounce beer, 1.5-ounce shot of liquor, or 4 ounces of wine.

This does not include "specialty drinks" such as a Long Island Ice Tea, which contains five shots, or soju, which is unregulated, meaning that the percentage of alcohol may be different each time.

Planning ahead is the best way to be at a low risk of getting involved in an alcohol-related incident or developing a serious alcohol problem.

Planning begins with setting a moderate limit – drinking in moderation means no more than two or three drinks per episode, no more than three days per week, and limit-

ing how fast you drink; these steps result in keeping your blood alcohol concentration below .045-.055.

Never drink alcohol when taking medications, with an illness made worse by alcohol, if pregnant or trying to conceive, if you are experiencing symptoms of depression, or doing anything that may endanger your life (like driving a car or boat).

Some other planning tips include being of legal age, eating a meal before drinking, drinking no more than one drink per hour, always knowing what you are drinking, alternating alcohol-free drinks throughout the evening, knowing how you will get home safely before you go out, and limiting your consumption (three drinks for women, four drinks for men).

It is a fact that alcohol affects women differently than men.

Due to physiological differences, women can expect substantially more alcohol-caused impairment than men at equivalent levels of consumption.

High-risk drinking behaviors include being underage, doing shots, drinking games, and chugging (drinking anything out of a punch bowl, trough, hose, or funnel), drinking to get drunk, driving after drinking or riding with someone under the influence, drinking too much or too fast on an empty stomach, going to parties or clubs where people drink too much, not knowing what is in your glass or leaving it unattended, and mixing alcohol with any medications or illegal drugs.

High-risk drinking and alcohol abuse greatly impact our lives and our ability to fulfill the Air Force mission.

Yearly, the Air Force loses millions of dollars and manpower hours due to substance abuse.

As our service becomes leaner while acquiring additional responsibilities, our mission effectiveness depends upon a disciplined and fit fighting force capable of deploying globally at a moment's notice. This means we cannot allow substance abuse to degrade our combat capability.

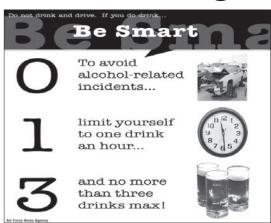
Also, irresponsible alcohol use, on- or off-base, is dangerous and reflects poorly on the Air Force community as a whole.

Alcohol-related incidents are not the only sign of alcohol abuse.

If you've felt that your drinking has gotten out of control, you've been unable to cut down, people are annoyed and criticize your drinking, or you've felt guilty about your drinking, you should seek help immediately.

The stigma of destroying your career because you sought help is just not true. The majority of individuals seeking help found they actually saved their careers – and potentially their lives.

You are not alone, there are several base agencies that can help you. The Air Force Alcohol and Drug Abuse Prevention and Treat-



ment program was developed to promote readiness, health and wellness through education and treatment, and to minimize the negative consequences to the individual, family, and organization.

When a person is referred to the ADAPT program, he or she will be evaluated by a certified substance abuse counselor. The evaluation will determine whether or not the person meets criteria for an alcohol use disorder.

Military members are encouraged to seek assistance from their unit commander, first sergeant, supervisor, ADAPT program, or medical professional if their drinking becomes a problem.

If an incident occurs, commanders are responsible for ensuring their troops are referred to the ADAPT program.

For more information, call ADAPT at 580-4952.

(Courtesy of the 3rd Medical Group)

# Remembering Victims

Col. Scotty Lewis, 3rd
Wing vice commander, and
Col. Donna Boltz, U.S. Army
Alaska garrison commander,
listen on as Anchorage
Deputy Chief of Police Audie
Holloway delivers his speech
during the 20th Annual
Victims for Justice Tree
Ceremony on Monday at the
Anchorage Park Strip.

Each ribbon placed on the tree represents victims of various crimes. The closing ceremonies for Sexual Assault Awareness Month will take place at 10 a.m. today in Chapel 1.



PHOTO BY AIRMAN 1ST CLASS DE-JUAN HALEY



#### Slippery roads

The accident at left was caused when one of the vehicles hit an icy patch on Arctic Warrior Drive Wednesday. Due to warmer temperatures melting the snow, and below freezing temperatures at night, roads can still have slick spots.



2005 Boys and Girls Club Youth of the Year Award Emily DeWitt Local and Regional Winner

> Robert Grimmett Nominee

Zachary Foss Nominee

2005 Services Program/Flight Awards

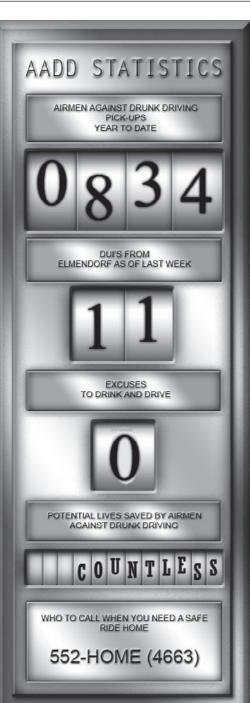
Elmendorf Air Force Base

Pacific Air Forces 2006 Total Force
Outstanding
Senior NCO of the Year

Senior Master Sgt. David Hudson, 3rd Civil Engineer Squadron

PACAF 2006 Commander-in-chief's Installation Excellence Awards
Staff Sqt. Christopher Russell,





#### Changes of command

■ The 3rd Operations Support Squadron change of command ceremony begins at 3:03 p.m. today in Hangar 1. Lt. Col. Jeffrey Anderson will assume command from Lt. Col. Thomas Browning.

■ The 962nd Airborne Air Control Squadron change of command ceremony begins at 10 a.m. May 5 in Hangar 8. Lt. Col. Roger Brown will relinquish command to Lt. Col. Russell Armstrong.

#### Women's Health Day

The 3rd Medical Group is hosting a Women's Health Day from 8 a.m.-4 p.m. Saturday at the hospital. Enrolled beneficiaries who have not had a cervical cancer screening in more than three years are encouraged to schedule an appointment by calling 552-2778 from 7 a.m.-4 p.m. weekdays. Daily appointments are available for anyone unable to attend the Saturday screenings.

#### Home buying seminar

The Elmendorf Housing Office offers a home purchasing seminar at 1 p.m. Monday at 6346 Arctic Warrior Dr. The class lasts two to three hours. Seating is limited.

For details or to make a reservation, call 552-4439 or 552-4328.

#### Civilian call

The 3rd Wing commander's civilian call begins at 11 a.m. Tuesday at the base theater.

All appropriated fund civilian employees and their supervisors are invited to attend. Attendance is considered duty time, but must be coordinated with your supervisor.

For more information, call Dianne Harrison at 552-5583.

#### Free concert

The Japan Maritime Self-Defense Force Band and Sand Lake Elementary Tomodachi Daiko, in concert with The U.S. Air Force Band of the Pacific, performs at 7 p.m. Thursday at the Discovery Theatre.

The event features the JMSDF 20-member ensemble from Japan performing pop, jazz, folk song, and marches, a 20-member Taiko Drum group from Anchorage, the Band of the Pacific's Greatlanders playing big band era, Dixieland, and contemporary tunes, and The Alaska Brass entertaining with traditional brass quintet repertoire, including percussion.

The doors open 30 minutes before show time and no tickets are necessary. The Discovery Theatre is in the Performing Arts Complex between 5th and 6th Avenues downtown. For more information, call 552-3081.

# Aurora housing information

Routine service requests for Aurora Military Housing may be called in from 8 a.m.-5 p.m. weekdays at 753-1091, or e-mailed to maint@jlproperties.com.

Emergency requests may be called in 24 hours a day, seven days a week. Do not e-mail emergency requests.

Emergency requests will be responded to within 1 hour, and downgraded to routine, or completed within 24 hours. Routine requests will be responded to within 24 hours and completed within 10 working days.

# Asian Pacific Islander committee

May is Asian Pacific Islander Observance Month. The committee is seeking volunteers to help them make this a successful observance month. Everyone is welcome to be a part of the committee.

For information or to volunteer, call Staff Sgt. Denise Willhite at 552-2906, Airman Jennifer Cortez at 552-3789, or Airman Chainda Menhall at 552-3844.

#### **HCAC** meeting

The Health Consumers Advisory Council meeting begins at 11 a.m. May 11 in the Ft. Richardson Education Center. All Elmendorf, Ft. Rich and civilian organizations are encouraged to send a representative to attend.

This forum is an opportunity for all organizations to articulate views and concerns about the medical group, as well as affording the medical group the opportunity to inform beneficiaries about services and programs offered.

For more information, call Staff Sgt. Dana Butler at 580-6400.

# **Environmental training required**

All active-duty and civilian members assigned to Elmendorf must complete Environmental Management System Awareness Level 1 Training by June 30.

The computer-based training is available through the Pacific Air Forces Environmental Compliance Assessment Training and Tracking System at <a href="https://www.pacaf.ecatts.com">www.pacaf.ecatts.com</a>. The new users must create an account using the registration password "pacaf."

#### Car wash and detailing

The Arctic Warrior Olympic committee is having a car wash and detailing from 8 a.m.-5 p.m. May 5 at the 3rd Civil Engineer Squadron Snow Barn, Bldg. 9363.

The cost is \$50 for cars, small trucks and small sport utility vehicles, and \$75 for large trucks, large SUVs and minivans and includes complete detailing, wash, wax and vacuuming.

For reservations, call 1st Lt. Andrea Lloyd at 552-7750.

#### **Road closures**

■ Fairchild Avenue from Fighter Drive to Airlifter Drive is closed for re-paving until June 15. Members can access Airlifter Drive via Talley Avenue.

Detour signs will be posted on Airlifter Drive for Fairchild Avenue

■ Due to housing construction in the New Denver development, Luke and McCloud Avenues, near Mt. Spurr Elementary, are closed between 16th and 17th Streets until November. Traffic congestion may be heavier than normal in the area due to the movement of contractor vehicles

For more information, call Dan Eckert at 552-2466.

#### Meal card options

Meal card holders working on the north side of the base will be authorized to order ground support box meals during the Fairchild Avenue road closure. This will ease the long drive through detours.

Call the Iditarod Dining Facility Flight Kitchen at 552-4734 to order. To see the menu, log on to the 3rd Services Squadron Web page under "Dining Facility," "Carryout Meals."

# Free short-term consultation

The Air Force Family Support and Health Network sponsor a supplemental on-base resource for addressing work and family life issues.

Licensed professional counselors provide short term consultations at no charge. Counselors can assist members with issues such as work related stress, deployment issues, relationships, anger management, parenting, transitions, combat stress and more. They are provided on a confidential basis. "Duty to warn" (i.e. harm to self, or others) issues are an exception to confidentiality.

For details, call 382-1012.

#### **OTS** applicants

A new Basic Officer Training Guide was released for active-duty Air Force members who plan to apply to the Officer Training School. Those who plan to apply for the upcoming 06OT04 board and later boards are required to use this updated guide when assembling their packages.

Additionally, all prospective OTS applicants are required to attend the mandatory commissioning briefing beginning at 8 a.m. the first Wednesday of every month at the Education Office. No appointment is necessary but people must attend this briefing before being allowed to apply to OTS.

For details, call Joe O'Neil, Education Office, at 552-9647.

#### Volunteers needed

Arctic Thunder, Elmendorf Air Force Base's air show, is Aug. 12-13.

The air show team is looking for volunteers for various tasks. People interested in helping should call 552-5324 or 552-5414, or e-mail 2nd Lt. Joseph Douglass at joseph. douglass@elmendorf.af.mil or Senior Master Sgt. Richard Lister at richard. lister@elmendorf.af.mil.

For more information about the air show, call 552-SHOW (7469).



#### **Chapel Schedule**

#### **Catholic Parish**

■ Monday through
Wednesday and Friday Mass:
11:30 a.m. at the Chapel Center

- Thursday Mass: 11:30 a.m. at the Hospital Chapel
- Sunday Mass: 10:30 a.m. at Chapel 1
- Sunday Evening Mass: 5 p.m. at Chapel 2
- Confession: 4:30 p.m. Sundays at Chapel 2
- Catholic Religious Education: 9 a.m. Sundays at the Chapel Center.

#### **Protestant Sunday**

- Liturgical Service: 9 a.m. at Chapel 2
- Traditional Service: 9 a.m. at Chapel 1
- Gospel Service: noon at Chapel 1
- Contemporary: 6 p.m. at Chapel 1
- Protestant Sunday School: 10:30 a.m. at the Chapel Center.

For more details, call the Chapel at 552-4422.



PHOTO BY AIRMAN 1ST CLASS DE-JUAN HALEY

#### Tech. Sgt. Selma Hamilton

Organization and duty title: 732nd Air Mobility Squadron aircraft

services team leader Hometown: Tallulah, La.

Hobbies: Working out and cooking

Mission contributions: Provides outstanding support to numerous airlift and air refueling missions transiting the Alaskan area of responsi-

**Time at Elmendorf:** Two years, three months

Time in the Air Force: 13 years

Best part about being in Alaska: The outdoors

Quote from supervisor: "Sergeant Hamilton exemplifies the meaning of an Air Mobility Warrior. He ensures the accurate processing and handling of more than 16,000 tons of cargo annually terminating and transiting Elmendorf. He ensures the Global Reach concept at the world's most strategic location and in the most extreme conditions." Senior Master

Sgt. James Brindley



PHOTO BY AIRMAN 1ST CLASS DE-JUAN HALEY

#### **Airman 1st Class Colby Wallace**

Organization and duty title: 611th Air Intelligence Squadron intelli-

gence systems administrator Hometown: Liberal, Kan.

**Hobbies:** Golfing, fishing and intramural sports

Mission contributions: Provides continuous data communications sup-

port for intelligence members of the 611th AIS.

**Time at Elmendorf:** Six months

**Time in the Air Force:** Two years, 10 months

Best part about being in Alaska: The scenery is outstanding. Quote from supervisor: "Airman Wallace completes every task in an outstanding, courteous and professional manner. A true fit to fight air-

man." Staff Sgt. Nicole Fredieu

# **DoD offers victims options**

By Senior Airman Jared Marquis 3rd Wing Public Affairs

Before the Sexual Assault Prevention and Response program began in 2005, active-duty victims of sexual assault only had one reporting option.

When the SAPR came out, it gave them a choice.

"The Department of Defense wanted to give victims an option," said Charletta Cruz, Elmendorf Sexual Assault Response Coordinator. "A majority of victims weren't coming forward and receiving the care they needed. They were afraid of what people would think and didn't want to deal with the emotional roller coaster of an investigation."

Enter restricted reporting. "With restricted reporting, victims can get the help they need, and only a handful of people know what happened," said Mrs. Cruz.

There are several differences in the two programs. In order for the report to be restricted, the victim has to report the assault to a healthcare provider (not Family Advocacy), the SARC, or a chaplain, who already has confidentiality. Because all military members are required to report sexual assaults, the victim cannot report the assault to

security forces, their active-duty friends or their supervisor. Once these people are aware of what happened, the investigation process starts, said Mrs. Cruz. The only time military members are not mandated to report an assault is if they are assigned to the victim as a victim advocate.

"However, victim advocates are not included in the list of confidentiality for the initial report, unless they are acting directly on behalf of the SARC," she said.

While the restricted reporting option is great for some victims, there are disadvantages.

"If the victim chooses a restricted report, then the perpetrator of the assault will not be punished," said Mrs. Cruz.

This can sometimes be traumatic for the victim.

"Since a majority of sexual assaults are perpetrated by an acquaintance, then the possibility is there for the victim to have to face this person every day. Because the report is restricted, there is nothing the chain of command or law enforcement can do," she said.

Another disadvantage, said Mrs. Cruz, is that if the offender got away with it, then there is the possibility they could do it again.

Mrs. Cruz added that if the victim chooses a restricted

report, they can choose to make the report unrestricted later down the road.

While waiting to begin the investigation can weaken the chances the perpetrator will be punished, the SAPR does make an effort to retain evidence.

If a victim chooses a restricted report, they are given the option to receive a sexual assault examination. A nurse specializing in sexual assault examinations will collect the evidence.

"Once the evidence is collected, it is given a number and collected and held by the Office of Special Investigations for up to a year. This gives the victim options if they want to initiate the investigation later."

While changing the report from restricted to unrestricted is a possibility, once a report is made unrestricted there is no going back.

"Once the chain of command knows about it, then there will be an investigation," Mrs. Cruz said.

So, which is better?

"It's up to the victim," she said. "My job is to make sure the victim knows their options, so they can make the decision that works best for them."

(Editor's note: This is the final story of a three-part series on sexual assault.)

# Nonjudicial Punishment

**Article 15s:** 

An airman first class with the 3rd Communications Squadron made a false statement on an official document.

His punishment was a suspended reduction to airman and a reprimand.

A staff sergeant with the 3rd Equipment Maintenance Squadron failed to report to work on six separate occasions, violated a no drinking order twice and made three false official statements.

His punishment was a reduction to senior airman, suspended forfeiture of \$1,009 pay for two months, restriction to Elmendorf for 15 days and 30 days extra duty.

#### **Discharges:**

A senior airman with the 3rd Communications Squadron was administratively discharged for minor disciplinary infractions.

The member's misconduct included an Article 15 for violating General Order No. 1 by drinking alcoholic beverages while deployed and one Letter of Reprimand for driving under the influence of alcohol off base.

The member's misconduct resulted in a general discharge.

(Courtesy of the 3rd Wing Legal Office)

# Band of the Pacific lines up summer concerts

By Tech. Sgt. John Pranter U.S. Air Forces Band of the Pacific

The U. S. Air Force Band of the Pacific is providing some great opportunities for everyone to get out and enjoy the summer.

Alaska Brass will perform some of their fantastic, traditional brass-band repertoire, but will also throw a few surprise "curveballs" into their programming, which is sure to amaze all music lovers

Top Cover will drive home everything from classic rock favorites to the contemporary sounds of the Top 40 charts.

The Greatlanders will be performing a variety of styles from the "Sounds of the Big Band Era," to contemporary jazz, to the pop favorites of today.

And, let's not forget Dixie Express, which brings you Dixieland of New Orleans and the music of Bourbon Street.

So come join the PACAF Band, relax, and enjoy some music and the outdoors at fun locations around Anchorage.

# Summer Schedule

#### Joint Concert with Japan Maritime Self-Defense Force Band

7 p.m. Thursday Discovery Theater

#### Sunday in the Park - Town Square Park

2 p.m. June 4 Alaska Brass 2 p.m. July 2 Greatlanders

#### Music in the Park - 4th and E Street

Noon	June 7	Top Cover
Noon	June 14	Alaska Brass
Noon	June 28	Topcover
Noon	July 19	Greatlanders
Noon	July 26	Alaska Brass
Noon	Aug. 2	Top Cover
Noon	Aug. 9	Alaska Brass
Noon	Aug. 16	Dixie Express

#### Alaska Zoo

7 p.m. June 16 Alaska Brass

#### Saturday Market – 3rd and E Street

Noon	May 13	Dixie Express
2 p.m.	June 17	Alaska Brass
2 p.m.	July 15	Dixie Express
2 p.m.	Aug. 5	Alaska Brass

#### Live at the Loussac Library – 3600 Denali Street

	•	
Noon	June 6	Greatlanders Combo
Noon	Aug. 1	Alaska Brass
Noon	Aug. 15	Dixie Express



PHOTO BY STAFF SGT. ALAN PORT

Staff Sgt. Alyson Jones, U. S. Band of the Pacific, practices her vocal talents.



Dixie Express



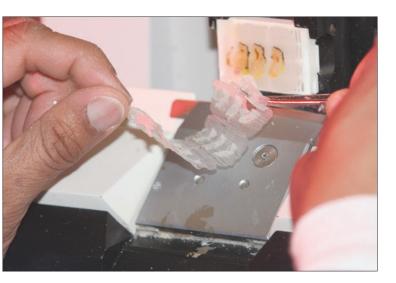
Alaska Brass



Greatlanders



Top Cover



# National Medical Laboratory Week recognizes 'unsung heroes'

ing the men and women working behind the scenes ends today. National Medical Laboratory

Week, April 24-28, honored the more than 280,000 medical laboratory professionals across the nation who perform and interpret laboratory tests, saving lives and keeping people healthy.

Pathologists, histology techni-

cians, and laboratory technologists at the 3rd Medical Group are among the many unsung heroes of medical healthcare.

Using state-of-the-art technol-

ogy and instrumentation, laboratory professionals help prevent disease by detecting unknown health problems and aid in the diagnosis and treatment of existing conditions by giving accurate,

A week dedicated to recogniz- timely test results.

Laboratory tests results comprise an estimated 70 percent of the patient's medical records and are vital to the diagnosis and treatment of illness and disease, said Tech. Sgt. Brian Wellborn, 3rd Medical Group histology craftsman.

In the clinical laboratory, diagnostic testing occurs on blood and other body fluids, ranging from pregnancy testing to drug and alcohol screening.

The anatomic pathology laboratory

ratory staff performs diagnostic workups on tissue specimens, which is vital to the detection of cancers. Additionally, the 3rd MDG laboratory contains the Associate Armed Forces Medical Examiner for the Alaska district,

and has shared responsibility with the state medical examiner for forensic autopsies for activeduty members from all services. The 3rd MDG laboratory staff

has the additional responsibility to serve outside the laboratory setting in support of Operations Iraqi and Enduring Freedom, said Sergeant Wellborn.

They are assigned to medi-

cal deployment teams, where they perform testing to support the medical providers caring for U.S., coalition, and host national forces. The Laboratory staff also supports Blood Transhipment Centers worldwide.

The BTC's are located in the

The BTC's are located in the area of responsibilities and are responsible for ensuring that blood is shipped and available

to treat the wounded in the entire Operations Iraqi

Freedom and Enduring Freedom AOR.
e- Additionally, anatomic pathol-

ogy members assist with remains recovery at Dover Air Force Base, Del., in the event of a contingency.

Medical laboratory professionals represent a variety of specialties, including pathologists, medical technologists, clinical laboratory scientists, medical laboratory technicians, histotechnologists, histologic technicians, cytotechnologists, cytopathologists, medical transcriptionists, tumor registrars, phlebotomy technicians, clinical chemists, microbiologists, laboratory managers, and medical educators, said the sergeant.

These professionals can be found in hospitals, doctors' offices, clinics, research facilities,

ors' ofacilities, laboratory team strive for excellence in serving all beneficiaries."

(Courtesy of the 3rd Medical

is least costly.

Group)

centers, the Armed Forces, uni-

Within the laboratory, these

highly-educated and experienced

medical laboratory professionals may work in chemistry, serology,

hematology, cytology, microbiol-

ogy, immunology, coagulation,

histology, urinalysis, molecular biology, or the blood bank, he

Results of laboratory tests

when the possibilities of a cure

are greatest and when treatment

cal to providers in making their

diagnoses so patients receive proper treatment, he said.

Laboratory medicine is criti-

"The men and women of the

often identify the presence of

disease in its earliest stages,

versities, and industry.







Staff Sergeant Michael Taylor, 3rd MDG histopathology craftsman, examines possible evidence in the morgue, as a member of the Armed Forces Associate Medical Examiner's team for the Alaska Military District. The team performs both routine and forensic autopsies at the base hospital.

Blood and serum samples await testing. The 3rd MDG laboratory analyzes more than 800,000 specimens annually.

Hui Diamond, 3rd MDG laboratory employee, performs a microscopic examination of a laboratory specimen.

Sergeant Taylor uses a microtome to cut tissue sections at a thickness

of 5 microns, or 5/1000 of a millimeter.

A laboratory employee obtains ribbons of cut sections, which will be

used by the pathologists to identify disease processes, including cancer.

Cover: Airman Brown inspects a newly received unit of blood.

Laboratory technicians are the gateway to a safe blood supply to the military population, both at Elmendorf and deployed locations worldwide.



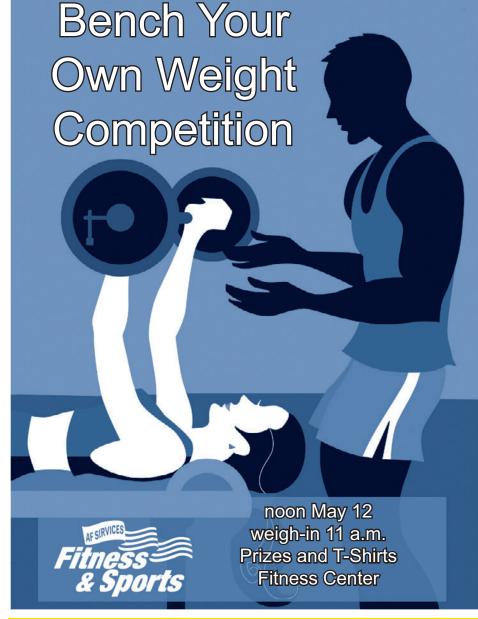




# Services Eaglet

"Telling the Services Story" in daily activities and special events for the Elmendorf community







## Open House 10 a.m.-2 p.m. May 13 Free barbecue

Check-out the summer rental items and sign-up for Outdoor Adventure trips

# Beginner Sign Language Four-week American Sign Language Classes Evening class 5-7 p.m. begins Wednesday Saturday afternoon class 2-4 p.m. begins May 6 \$45 plus dictionary Arts & Crafts Center - 552-7012 A S L

#### Today

**Hula Lessons** 4-5 p.m., ages 4 to adult, \$32 per month, Arctic Oasis, 552-8529

RC DJ (The Rajun Cajun) 9 p.m.-3 a.m., adults only, Kashim Lounge, 753-6131

**Basic Automotive Service Class** 5 p.m., by appointment, \$20, Auto Hobby, 552-3473

**Club Member Social Hour** 5-6 p.m. free snacks for club members, adults only, Kashim Lounge, 753-6131 and The Cave, 753-3131

#### Saturday

**Aero Club Open House** 10 a.m.-2 p.m., 10 cents per pound flights, barbecue, games for youth and gifts for new members who sign up at the event, Aero Club, 753-4167

**Kids' Corner "Kite Making"** 1-3 p.m., ages 3-10, \$15, Arts & Crafts 552-7012 or 552-2478

**Beading "Hope Bracelets"** 11 a.m., learn beading basics and donate bracelets to area hospital cancer ward, Arts & Crafts, 552-7012 or 552-2478

**Xtreme Bowling with DJ** 9 p.m.-1 a.m., \$18 includes shoe rental,

9 p.m.-1 a.m., \$18 includes shoe rental, Polar Bowl, 552-4108

**Bike Maintenance Clinic** 1 p.m., \$5, Outdoor Recreation, 552-2023

**Hip Hop and Jazz Class** 10-11 a.m., ages 4-18, \$32 per month, Arctic Oasis, 552-8529

#### Sunday

Family Xtreme Bowling 1-8 p.m., \$30 for up to six bowlers, shoe rental, one lane for two hours, two pitchers of soda and popcorn, Polar Bowl, 552-4108

#### Monday

**Military Spouse Appreciation Day** see displays praising spouses, Library, 552-3787

**Storage Lot Combos Change** stop in or call for your new combination to the RV storage lots, Equipment Rental, 552-2023

#### Lunchtime with a Vendor

11 a.m.-1 p.m., meet Horse Trekkin AK and Phillips 26 Glacier Cruises and Tours. Make reservations that day at a special rate and possibly win a free cruise, Information, Tickets and Travel, 552-0297

**Kenpo Karate** 6-7 p.m. for ages 4-18 and 7-8 p.m. for adults, \$30 per month, Arctic Oasis, 552-8529

**Camper Rental Special** through May 25, 50 percent off A-Liner camping trailers, Equipment Rental, 552-2023

**Monday Evening Road Bike Ride** 5:30 p.m., call to sign-up, Outdoor Recreation, 552-2023

**E-4 and Below Special** 5-9 p.m., 50 percent off bowling and shoes. If the military member is deployed, the family can still participate, just bring a copy of

the orders, Polar Bowl, 552-4108

#### Tuesday

**MusicGarten** 9:30-10:05 a.m. for ages 3-5 and 10:15-10:45 a.m. for ages 16 months to 3-1/2 years, singing, dancing, moving, chanting, listening and playing simple instruments, \$30 per month, Arctic Oasis, 552-8529

**In-House School Age Program Summer Registration** 10 a.m.-1 p.m. through May 5, enrolled children may stay up to ten hours per day June 12-August 18, SAP, 552-5091

**Bowler Appreciation Night** 5-9 p.m., \$1.75 per game and \$1.75 for shoe rental, Polar Bowl, 552-4108

Yoga Classes 10-11 a.m., ages 13 and older, \$40 per month, Arctic Oasis, 552-8529

#### Wednesday

**New Parent Orientation** 9:30 a.m., all Child Development Centers

**Kenpo Karate** 6-7 p.m. for ages 4-18 and 7-8 p.m. for adults, \$30 per month, Arctic Oasis, 552-8529

**Preschool Story Hour** 10:30 a.m., ages 5 and under, Library, 552-3787

#### Thursday

**Beginner and Advanced Stained Glass** 6:30-9 p.m. also May 11, 18 and 25, \$85 plus glass, limit eight people, Arts & Crafts, 552-7012 or 552-2470

Part Day Preschool In-House Registration also May 5, Katmai CDC, 552-2697

**MusicGarten** 10:15-10:45 a.m. for ages 16 months to 3-1/2 years and 9:30-10 a.m. for infants to 18 months, singing, dancing, moving, chanting, listening and playing simple instruments, \$30 per month, Arctic Oasis, 552-8529

**Movie Night** 6 p.m. at The Cave, Teen Center, 552-2266

**Ceramics Pouring Certification** 6:30-8:30 p.m., \$25, first piece fired free, Arts & Crafts, 552-7012 or 552-2470

**Thursday Evening Mountain Bike Ride** 5:30 p.m., call to sign-up, Outdoor Recreation, 552-2023

#### May 5

**Give Parents a Break** 7-11 p.m., must have a referral, make reservations with Denali CDC, 552-8304

Cinco de Mayo Preteen Dance 6-8 p.m., ages 9-12, \$5, Youth Center, 552-2266

**Texas Hold 'Em and Bingo** 6 p.m., Grand Prize tournament May 19, adults only, Kashim Club, 753-6131

10

21

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48

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62

12

15

# Badge of Honor

#### By Capt. Tony Wickman

71st Flying Training Wing Public Affairs

#### Across

- 1. USAF field meal
- 4. Badge with scales; awarded to
- 7. AETC crest badge; awarded to 8T000 or 81T
- 10. Conjecture
- Castle protector
- 13. Decor or op
- 14. Minnesota city

17. Mineral and baby

- 15. Historic
- 16. Less than
- 18. Chooses
- 20. Mole
- 21. Minor Prophet; son of Beeri
- 22. Judge or pay lead-in
- 23. Mil. overseas address starter
- 24. NY team
- 25. Impoverished
- 27. Mornings
- 30. Popular aquarium denizen
- Body of water



April 21 solutions

- 32. Evaluate
- 36. Badge with bomb and bolts; awarded to 3E8X1 (in short)
- awarded to 2F0X1
- 39. Similar
- 41. Motor
- 42. High time
- 43. Drains
- 47. Car ID
- 48. \_\_\_-whiz
- 49. Squadron or group
- 50. Hamper
- 51. General's helper; AFSC of 88A
- 53. Tic-\_\_-toe
- 54. Male children
- 56. Portable computer
- 58. NORAD air sovereignty mission
- 59. Vent anger
- 60. Conspicuous success
- 61. Harris and O'Neal
- 63. TV actress Susan

#### Down

- 1. Bad haircut?
- 2. Recycles
- 3. Langley AFB time zone (GMT-0500)
- 4. Wets
- 5. alai
- 6. Badge with a tower; awarded to 1C1X1
- 7. Badge with globe being circle by spacecraft; awarded to 3U0X1
- 8. Pitt movie
- 9. USAF recreation support site
- 10. Demeanor
- 11. Ye Olde
- 12. Badge with a vane; awarded to

- 37. Translucent glassy mineral
- 38. Badge with globe and eagle;

- 52. Heap

- 62. Stitch

#### 15W or 1W0X1

14. Perdition

50

- 19. Exhibiting considerable variety
- 20. Badge with globe orbiting constel lations; awarded 13S or 1C6X1
- 23. Mud hut
- 26. Transmitted to HQ
- 28. Vote against
- 29. NBC comedy show
- 30. Former heavyweight boxer
- 32. Bellows or Clear sites
- 33. Litigate
- 34. Badge with globe and torch; awarded to 34M or 3M0X1
- 35. "\_\_\_ & The Chipmunks"

- 40. Genuflected
- 43. Badge with a globe and eagle; awarded to 2S0X1

13

16

29

46

45

23

27

31

43

49

40

56

60

- 44. Singer/activist Bryant
- 45. Badge with shield and wings; awarded to 11X 46. Staircase item
- 50. Badge with a globe and lyre;
- awarded to 35B or 3N1X1
- 51. From scratch
- 53. Shoe part
- 54. Badge with AF crest and eagle; awarded to 31P/3P0X1 (in short)
- 55. Lode
- 57. Gen. Chuck Yeager was one

# Elmendorf Eagles fly high in basketball challenge

**By Senior Airman Jared Marquis** 3rd Wing Public Affairs

The Elmendorf basketball team met the team from Eielson Air Force Base, Alaska in a three day tournament to see who had the best team in Alaska.

When the dust settled at the Ft. Richardson gym, the Elmendorf Eagles were the victors, sweeping the Icemen in the three game series dubbed Armed Forces Challenge 2006.

According to coach Darryl Sample, 3rd

Logistics Readiness Squadron, the Eagles were led by the play-making skills of Larry Boyd, 3rd Civil Engineer Squadron, James Demarcus, 3rd CES; and Albert Moseley, 611th Air Intelligence Squadron. The long-range shooting skills of Atikins Riddick, 3rd Security Forces Squadron, also helped with the thrashing of the Icemen.

Sample said that while there were some standouts, it was the whole team that made the victory possible.

The tournament was sponsored by Elmendorf, Ft. Richardson and the Armed Ser-

> vices YMCA and featured a slam dunk competition and a three-point shoot-out.

The slam dunk champion was James Demarcus.

Winning the three-point shootout was Iceman Kyle Buckley, 354th Communications Squadron.

Proving that although they lost, The Icemen still came to play was most valuable player for the tournament Steward Cassidy, 18th Fighter Squadron.

"I'm very pleased with the performance of the team," said Sample. "Our newest additions enhanced our ability to move into transition faster and strengthened our defensive capabilities. I'm looking forward to the Army versus Air Force game coming up in the next few months."

The Elmendorf Eagles, nicknamed the BALLAZ, are currently playing in the Mountain View Spring League sporting a 5-3 record against some stiff downtown competition.

## Tournament Results

Game 1: Elmendorf (72) def. Eielson (44) Game 2: Elmendorf (101) def. Eielson (81) Game 3: Elmendorf (86) def. Eielson (62) Three-point shoot out: Kyle Buckley (Icemen) Slam Dunk: James Demarcus (Eagles) **MVP: Steward Cassidy (Icemen)** 

Left: Larry Boyd, 3rd Civil Engineer Squadron, goes up for a dunk during the Armed Forces Challenge 2006 slam dunk competition Saturday at Ft. Richardson gym.

Below: Jon Orzechowski, 3rd CES, fights Sean Finney, 168th Maintenance Squadron, for the ball.





# Sport Shorts

#### Lady Eagles basketball tryouts

Tryouts for the Lady Eagles basketball team re 7 p.m. May 5 and 1 p.m. May 6 and 7 at the Ft. Richardson Fitness Center.

For more information, call Thomas Jones at 830-0095.

#### Mountain bike ride

Outdoor Recreation is sponsoring Mountain Bike rides at 5:30 p.m. Mondays and Thursdays. Bike rentals are available for \$5.

For more information, call Outdoor Recreation at 552-2023.

#### **Arctic Warrior Olympics**

■ Points of contact are needed for several Arctic Warrior Olympics events.

Anyone interested in volunteering should contact 2nd Lt. Ranjodh Gill at 580-1901 or

ranjodh.gill@elmendorf.af.mil.

■ The Arctic Warrior Olympics committee is looking for feedback regarding the types of events for the olympics. The survey is located at https://portal.elmendorf.af.mil/units/AFLocal/ AWO/Lists/AWO%20Event%20Priority/overview.aspx from a government computer.

#### Outdoor Adventure Program

Hiking, biking, kayaking and rafting are a few of the adventures sponsored by the Outdoor Adventure Program. OAP is located inside Outdoor Recreation.

For more information call 552-2023.

#### Bike maintenance clinics

Outdoor Recreation is sponsoring bike maintenance clinics at 1 p.m. Saturday, 4:30 p.m. May 12 and 10 a.m. May 27.

The class is \$5 and teaches the basics of bike

maintenance. For more information, call 552-2023.

#### Skeet tourney

The Alaska Armed Forces Skeet Championship takes place Thursday-May 7 at the Ft. Richardson Trap and Skeet Range. The cost is \$28 per gauge/100 bird event.

For more information, call Henry Martin at 552-2817 or Paul Taitt at 552-6669.

#### Learn to golf

Eagleglen Golf Course is sponsoring Link Up 2 Golf, a three-week course focused on golf instruction. The cost for the program is between \$99-\$150, and includes all equipment.

An orientation is scheduled for 1 p.m. May 6 at the Eagles Nest Cafe.

For more information, call Eagleglen at